

# Important messages for eye health in babies and young children

Sharing the information in this poster with parents and carers can help to prevent life-long visual impairment and blindness in babies and young children. If you can, download the poster from our website ([www.cehjournal.org](http://www.cehjournal.org)), print it in colour, and display it at your local primary care facility.

## Have you noticed something white in the eye or eyes of your child?

If so, tell the staff in the clinic



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## Does your child have a squint?

Tell the staff



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## Does your child have red, sticky, or watering eyes?

Tell staff in the clinic



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## Is your child's eye painful, or you are worried they might not see normally?

If you have noticed anything wrong with your child's eye or eyes, tell the staff in the clinic

## How you can prevent eye disease and keep your child's eyes healthy



Measles immunisation at 9 months of age



Vitamin A every 6 months from 6 months of age



Give your child coloured fruits and vegetables at least once a day



Do not use traditional eye remedies if your child has an eye problem